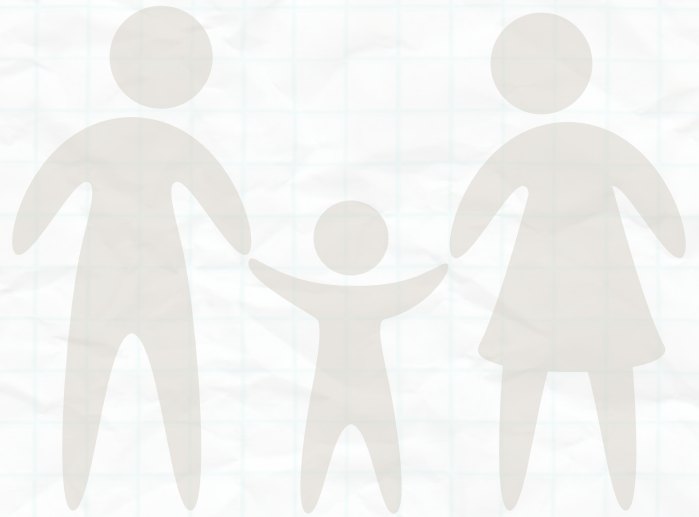




Reflection

Week 2

Importance of the family



COVID-19 invites us into
a new appreciation of the family
as the first and vital cell of our society.



In a time of crisis, the presence and strength of the family is vital. During this pandemic, we have all witnessed examples of parents and children, grandparents and grandchildren, nuclear families and extended families, connecting more intentionally with each other and learning to interact in new (and at times) heroic ways. For some, this has been a time to rediscover their parental role as the first educators of their children. For others, it has been a time to strengthen the priestly call of their baptism, inviting Jesus into the “domestic church” of their homes through creative times of prayer, such as celebrating Sunday by participation in a livestreamed Eucharistic celebration.

For others, however, the pandemic has been a time of challenge and hardship in the family. On the one hand, the rules of physical distancing have meant, for some people, long separations from loved ones, accompanied by experiences of loneliness, anxiety and even despair, while, on the other, the recommendation to live within a cohort (or bubble) of immediate family members and contacts has introduced certain challenges of its own. Compounding these internal family stresses, some families have faced unprecedented external pressures such as a sudden situation of unemployment or having to figure out a new strategy for childcare or education. The reported rise in child abuse and domestic violence in Alberta due to the pandemic is particularly troubling.

QUESTIONS FOR REFLECTION

- 1 How has COVID-19 affected you in your family life? What have you valued most or least about your family through this experience?
- 2 What questions or lessons has the pandemic surfaced for you about the importance of promoting family life and how we care for families in our Church? in society?
- 3 In moving forward, what activities should our Church undertake to foster greater appreciation and support for families in our communities?



RECOMMENDED RESOURCES

- Pope Francis, Post-Synodal Apostolic Exhortation *Amoris Laetitia* (2016): [On Love in the Family.](#)
- Pontifical Council for Justice and Peace, Compendium of the Social Doctrine of the Church (2006): Ch. 5. [The Family, Vital Cell of Society.](#)
- Saint Pope John Paul II, Apostolic Exhortation *Familiaris Consortio* (1981): [On the Role of the Christian Family in the Modern World](#)

Invoking the example of the Holy Family, and aware that no society or faith community can survive without strong and stable families, we desire a society that upholds the central importance of families and provides increased care and support for them.



PANEL DISCUSSION



Week 2

Importance of the Family



Moderator



Ms. Fran Lucas

National President-Elect,
CWL-Canada

Panelists



Deacon Gerald & Marian Logan

Office of Life and Family,
Archdiocese of Grouard-
McLennan



Greg & Teresita Parillas

Couples for Christ



Theresa & Jordan Robinson

St. Vital Parish,
Beaumont, AB



Sr. Lucinda Patterson, SA

Chair, Board of Directors,
Lurana Shelter, Edmonton, AB



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of **Alberta** and the
Northwest Territories

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de l'**Alberta** et des
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8421 - 101 Avenue, Edmonton, Alberta, Canada, T6A 0L1 | T 780.469.1010 F 780.465.3003

A Pastoral Statement on the Impact of COVID-19 and the Call to Christian Renewal

“Save your people, O Lord, and bless your inheritance”

Dear faithful in Christ,

For the past several months, our Catholic community, together with all Canadians and indeed the whole world, has been seriously impacted by the coronavirus pandemic (COVID-19). All of us – whether individuals, families, parishes, institutions or dioceses – have been required to make sacrifices, including many difficult but necessary decisions about matters at the very heart of our Catholic faith and way of life. As bishops, we acknowledge and are grateful for the way in which our Catholic faithful – clergy and laity alike – have lived the unprecedented circumstances of these months. We know, too, that the Lord allows all occasions – positive and negative – to teach and re-teach us lessons for right living in light of the Gospel. It is in this spirit that we address this letter to you as an invitation to consider along with us what the Lord may be saying to his people and his Church through this time of trial.

While the situation of COVID-19 continues to develop in our lives and communities, it is increasingly evident that the pandemic has had, and will continue to have for some time to come, a far reaching impact on all people throughout the world. In Canada, including here in Alberta and the Northwest Territories, many human and social values have surfaced that, as Catholics among others, we will need to reflect upon as we consider the future of our life together in society, especially in the light of Christian revelation and our faith in Jesus Christ, our Redeemer.

In particular, the pandemic has alerted us to a number of important social issues that touch us all including:

- the care of vulnerable persons in our society and supports offered to medical personnel in hospitals, nursing homes and other care facilities;
- the education of our young people and supports offered to families and to educators;
- isolation and depression in our homes and communities, and the prevalence and stigma of mental illness, substance abuse, suicide and other social ills;
- increased rates of domestic violence, elder abuse and other forms of interpersonal violence;
- societal discord over different responses to COVID-19 that have fractured human relationships and challenged our call to love one another;
- incidents of racism, bigotry and religious intolerance, including in our towns and cities;
- anxieties caused by massive losses of employment and the general situation of economic instability;
- the fragility of our human condition and the basic needs we all have for safety, solidarity, and love within authentic human community.

At the same time, we have witnessed on a daily basis many heroic and selfless examples of individuals who exemplify true human goodness and charity. These are the so-called “saints who live next door” identified by Pope Francis as medical professionals, educators, parents and grandparents, shop workers, cleaners, communications and information technology specialists, law and order personnel, delivery drivers and so many volunteers in all sectors of our society. Whether motivated by faith or otherwise, young or old, these individuals are role models for all of us, demonstrating dedicated care and compassion that goes beyond duty to a level of human solidarity that is inspiring to others. We give thanks to God for raising up such generous human individuals who embrace this collective challenge as a way to witness to the enduring human and social values by which we need to live.

All of these situations described above – the good examples and the social challenges we face – give us insights into certain behaviours, actions and structures that we value as a society and as a Christian people. Some of these we will rightly want to hold on to going forward, while others may be in need of remedy or renewal.

On this feast day when we contemplate Christ's victory over death through the life-giving wood of the Cross, we, the Catholic Bishops of Alberta and the Northwest Territories, invite you to reflect and discern with us the kind of response that will be needed to address some of the human and social values that have surfaced during this pandemic. Specifically, we seek new ways to promote authentic human development and flourishing in the very way that we live, care for others, work, organize society and interact with one another. Moved by our faith in Christ and inspired by the principles of Catholic Social Teaching, we invite the Catholic community to join us in looking afresh at certain aspects of our life together in society, to discern and decide a course for true social, cultural and spiritual renewal.

In the coming weeks, *Grandin Media* will be hosting a series of recorded panel discussions on various themes related to the pandemic and its challenging effects on our society. These sessions, featuring Catholic voices from around the province and territories, are meant to encourage our Catholic faithful to engage new questions and to take up new actions that reflect a “new normal” consistent with our life in Christ. Together with written texts, prepared by our bishops and released weekly, we shall present a series of reflections on the following topics:

- Reflection Topic #1: Inherent dignity of every human life
- Reflection Topic #2: Importance of the family
- Reflection Topic #3: Individual rights and social responsibilities
- Reflection Topic #4: Vulnerability and solidarity
- Reflection Topic #5: Responsibility for the common good
- Reflection Topic #6: Healthy use of information technologies
- Reflection Topic #7: Value and dignity of human work

We encourage all of our faithful to “tune in” to these sessions and take an active part in offering their own experience and wisdom on the topics presented. [An online mechanism will be available to receive your comments and feedback.] In this way, we hope to receive your insights into living our Christian faith in new ways in Catholic homes and in our communities, through our parishes, lay movements, schools and institutions, marked by hope, compassion and charity.

Our Catholic faith has much to contribute with respect to promoting human, social and spiritual values for the common good of society. We trust that you, like us, see the urgency to discern wisely the *signs of the times* and to “reset” our lives so that our collective experience in moving forward accords with the Gospel. Guided by the Holy Spirit, and

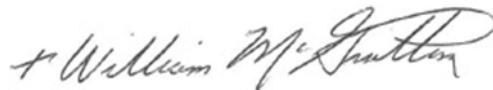
through the intercession of the most holy Mother of God, we are confident that this can be a time for bold creativity and life-giving transformation for all. We ask for God's blessing on this endeavour and upon all who join with us in this journey of discernment and path of renewal.

Yours in Christ,

Catholic Bishops of Alberta and NWT



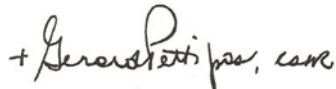
Most Reverend Richard W. Smith
Archbishop of Edmonton



Most Reverend William McGrattan
Bishop of Calgary



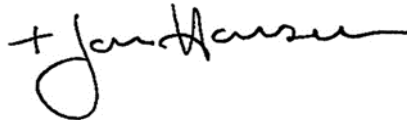
Most Reverend Paul Terrio
Bishop of St. Paul



Most Reverend Gerard Pettipas CSsR
Archbishop of Grouard-McLennan



Most Reverend David Motiuk
Bishop of the Ukrainian Eparchy of
Edmonton



Most Reverend Jon Hansen, CSsR
Bishop of Mackenzie-Fort Smith

September 14, 2020 – Feast of The Exaltation of the Holy Cross

*We adore you, O Christ, and we praise you,
because by your Cross you have redeemed the world.*